

Miramar College and  
The San Diego Regional Lifeguard Training Program  
Presents

**COURSE TITLE:           Emergency Medical Care of the Sick and Injured**  
**(American Red Cross Emergency Medical Response – 2017)**  
(CPR for the Professional Rescuer included – 2017)

**UNITS: 1.5**  
**Course # FIPT 309B**

**Course Description:** This 52-hour introductory course involves lecture and skills training for those individuals who have a duty to respond in emergency situations (first responders). Course involves training in knowledge and skills necessary to sustain life, reduce pain, and minimize the consequences of injury or sudden illness.

**CERTIFICATION:** Emergency Response certification (valid for two years), CPR for the Professional Rescuer (valid for two years), AED Essentials (valid for two years), Oxygen Administration for the Professional Rescuer (valid for two years), and Preventing Disease Transmission (blood borne pathogens certification, valid one year). This course is consistent with the U.S. Department of Transportation (DOT) first responder curriculum and exceeds the requirements of the California Health and Safety Code (Title 22).

**COURSE DATES, TIMES AND LOCATIONS**

**Session #1 – Early Spring Course – CRN #**

March 7, 9, 14, 16, 21, 23   April 4, 6, 11, 13, 18, 20, 25 (Tue/Thurs)

**Session #2 - Late Spring Course - CRN #**

May 1, 3, 5, 8, 10, 12, 15, 17, 19, 22, 24, 26, 31 (Mon/Wed/Fri)



- Class from 6:00 p.m. to 10:00 p.m. (4 hrs/night). Class meets at the San Diego Miramar College, 10440 Black Mountain Road, San Diego, CA 92126. (Location subject to change, update will be available on Miramar schedule, Details page)
- Attendance requirements: Students need to attend the first day of class. Only one excused absence will be allowed.

**HOW TO ENROLL**

**Step 1 - APPLICATION AND ENROLLMENT**

Fill out application and enroll at Miramar College Admissions Office, 10440 Black Mountain Road, San Diego, CA, 92126 or apply on-line at <https://studentweb.sdccd.edu/reg-e>. Students may apply at other San Diego Community College District campuses: City College, 1313 Twelfth Avenue, (619) 230-2475; Mesa College, 7250 Mesa College Drive, (858) 627-2682; or Educational Cultural Complex, 4343 Ocean View Boulevard, (619) 388-4883.

**Step 2 - ATTEND COURSE**

Attend first day of class. You should be enrolled by the first day of class. Books and pocket mask are due on the first day of class.

**COURSE COSTS (This fee is subject to legislative and gubernatorial action and may change without notice)**

Tuition*	\$ 69.00 (\$46.00/unit - 1.5 units)	Textbook	\$ 70.00** (656540)
Health & Accident Fee	19.00	Workbook	44.00** (656541 – RECOMMENDED)
Student Representation	1.00	Pocket Mask	15.00**
		Hand Sanitizer	2.00**
		Red Cross Fees	19.00
		Miscellaneous	<u>10.00 (ESTIMATED)</u>

**TOTAL ESTIMATED COST:   \$249.00**

\* Tuition costs for non-California residents is \$193.00/unit, in addition to normal \$46.00/unit Tuition, \$19.00 Health & Accident Fee, and \$1.00 Student Representation Fee.   **TOTAL Non-California Resident Cost \$528.50**

\*\* **Materials can be purchased through the American Red Cross, San Diego Headquarters, 3950 Calle Fortunada, SD, CA or on-line "Shop Stay Well" <http://www.redcrossstore.org/shopper/prodlist.aspx>. Please have books on the 1<sup>st</sup> day of class!**

**JOBS AVAILABLE**

***"A Challenging Career Opportunity"***

Individuals who successfully complete "Introduction to Open Water Lifeguarding" and who possess an "American Red Cross Emergency Response" or equivalent certification are eligible to apply with the following participating lifeguard agencies: **Camp Pendleton, Coronado, Encinitas, Imperial Beach, North Island, Oceanside, San Diego, and Solana Beach.**

Note: Each agency has their own employment requirements that may involve additional physical fitness tests, medical examinations, drug screening, vision and hearing tests, possession of a valid California Driver's License, a legal right to work in the United States, etc.

Completion of this course does not guarantee employment. Provisions of this bulletin does not constitute an expressed or implied contract.

**For Job and Employment Information Contact:**

Camp Pendleton	-	Lt. Chris Dunn	(760) 725-7979	North Island	-	Lt. Jeremy Sanders	(619) 545-7221
Coronado	-	Sgt. Damon Bassett	(619) 522-2625	Oceanside	-	Sgt. Blake Faumuina	(760) 435-4015
Encinitas	-	Sgt. David Brown	(760) 633-2750	San Diego	-	Christine Marcucci	(619) 221-8844
Imperial Beach	-	Sgt. Jason Lindquist	(619) 628-1420	Solana Beach	-	Sgt. Greg Uruburu	(858) 720-4444